

Make-N-Take

Project: Wish Well Board

Materials:

- Cardboard circle 12-14 inches in diameter
- Printed banner, lyrics and heart pattern
- Scissors
- Glue stick
- Craft foam
- White glue
- Clear contact paper
- Clear vinyl diskette pocket



Usage:

Wishing well is a way of expressing care for others. When a child is absent, moving to another school, has arrived late or is in need of support, place the child's picture or name inside the clear pocket on your Wish Well Board. Invite the class to wish the child well by singing the appropriate song from the lyrics on the back of the board. After the song, you may choose to continue the process by leading the class in placing their hands over their hearts and breathing deeply three times.

When testing, violent weather, a change in routine or other stressful event occurs, you may want to conduct a whole-class "wish well" by placing the name or an icon for your School Family™ in the pocket and singing the class motto or School Family™ song.

Directions:

1. Print and cut out the banner and lyrics.
2. Attach the banner to the front of the cardboard circle with a glue stick.
Optional: Include the Spanish version of the banner at the bottom of the board as pictured.
3. Attach the lyrics to the back of the cardboard circle with a glue stick.
4. Cut out two pieces of clear contact paper measuring one inch larger than the cardboard circle.
5. Lay the circle on the table. Use two people to hold each end of the contact paper. Stretch the contact paper tightly and lay it on top of the cardboard circle. Smooth out all the bubbles.

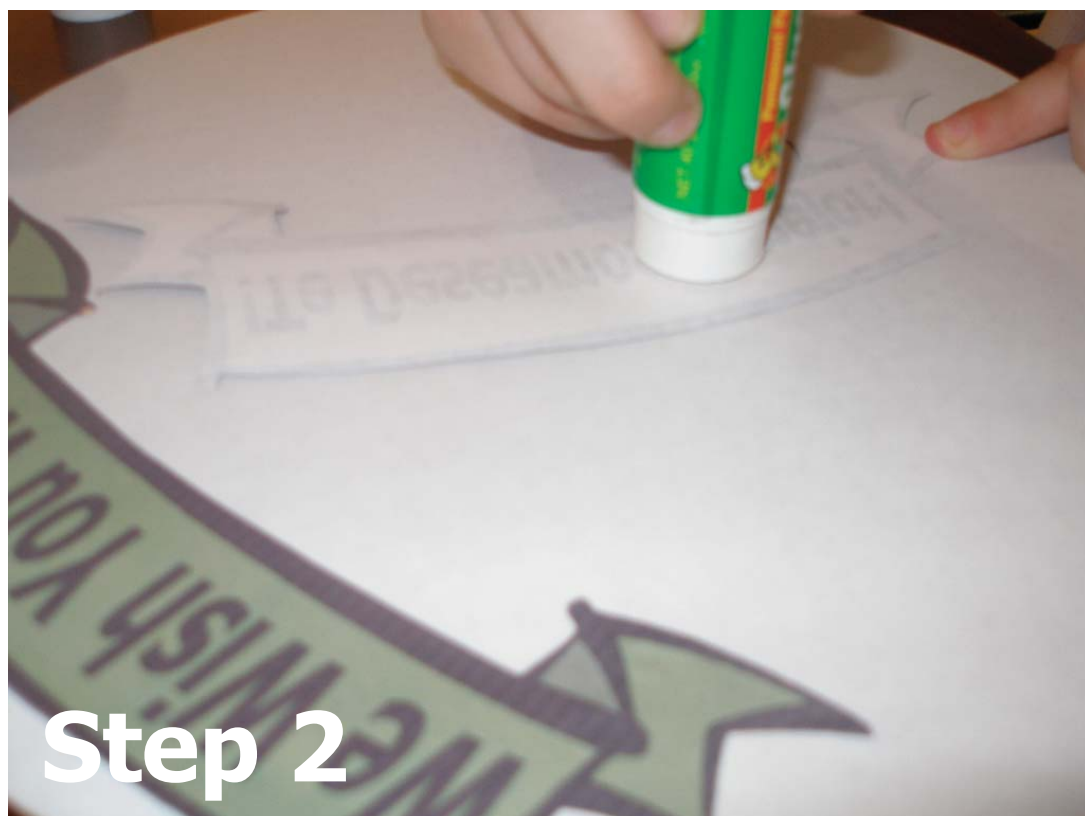
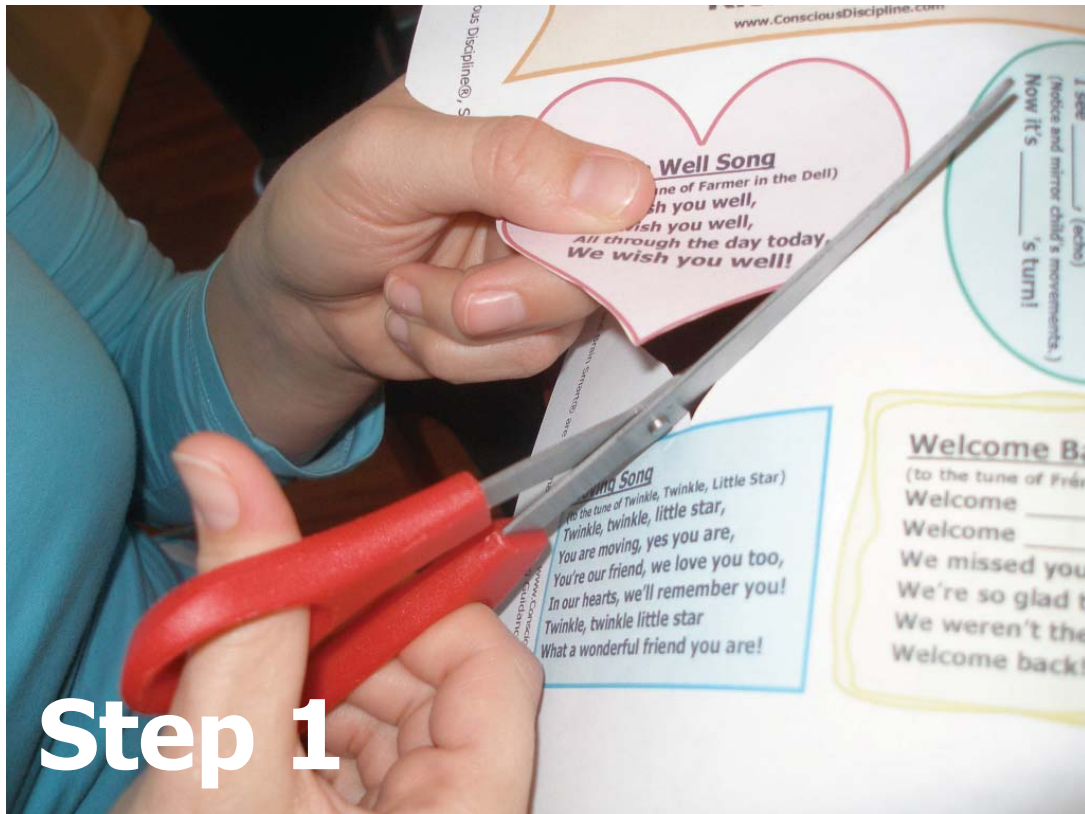
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6. Flip the circle over and repeat the contact paper process on the other side.
7. Cut the excess contact paper off the circle, leaving approximately a $\frac{1}{4}$ -inch of contact paper around the board.
8. Trace a heart on craft foam, cut it out and glue it onto the cardboard circle.
9. Affix the clear diskette pocket to the front of the heart. Optional: Decorate the heart with glitter glue, puffy paints and other items.
10. You did it! You made a Wish Well Board!

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