Make-N-Take  
Project: “See the Best” Glasses

Materials:
- Cardstock or other heavy paper
- Tongue depressor
- Glue stick
- Markers, glitter, sequins, etc.

Usage:
Use these glasses in conjunction with the Shubert Sees the Best book to help children see the best in others and in any situation. Seeing the best enables us to see hurtful behavior from a different point of view, the first step in transforming hurtful situations into helpful interactions.

Directions:
1. Print and cut out the “See the Best” Glasses on cardstock or other heavy paper. For an extra splash of color, use colorful cardstock. The smaller glasses are for children, the larger one is for adults.
2. Fold the tab on the side of the glasses in half. Glue the tongue depressor between the folds of the tab.
3. Decorate the glasses with glitter, sequins, markers, etc.
4. You did it! You made “See the Best” Glasses!
Step 1

Step 2
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Step 3

Step 4