## Sense of Sight



## Visuals for your Safe Place:

- Safe Place Icons: S.T.A.R., Drain, Balloon, & Pretzel
- Choice Board: Positive strategies that the children can select to help relax
- Feelings Cube/Posters: Items that help children become aware of their current emotional state
- Safe Place Pass: Make a laminated card with Safe Place icons available during circle or group time to allow child to go to safe place
  Composure Lap Pass: Helpful for children experiencing rage
- Friends & Family Board or Book: Place for children to display family pictures

## Additional helpful visuals:

Huggee Miss You dolls: Children put a family

- picture on the face dolls
- 🏁 Tornado tube
- Motion wand
- 🏁 Aquarium (real or fake)
- 🏁 Kaleidoscope

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Image: balloonImage: balloon<tr