

# Make-N-Take

## Project: I Love You Rituals Glove

### Materials:

- 2 garden gloves
- Hot glue gun
- Puff paint (in a variety of colors)
- 10 wooden icons, 5 per glove (Pumpkin, shoe, mouse, heart, pie, spider, rabbit, star, hand, band-aid and more! Be creative!)
- I Love You Rituals book



### Usage:

I Love You Rituals are wonderful activities for building connection. They are built around the research-proven concept that activities involving eye contact, touch, presence and a playful setting increase connection and cooperation in children. The I Love You Rituals Glove is a tool to help children choose which I Love You Ritual they want to participate in. Below is a list of icons, corresponding rituals and the appropriate page in the I Love You Rituals book. Don't limit yourself to just these activities and icons; the possibilities for discovering your own rituals and icons are as endless as your imagination!

Select a time of day when you can be focused on interacting with the child. Put on your I Love You Rituals Glove and get down on the child's level, whether this means kneeling or sitting. Ask the child, "Which activity would you like to do," as you point to the icon and name the activity. Once the child selects the icon, conduct that ritual with a loving intent and presence. The instructions for conducting these, and a variety of other rituals, can be found in the I Love You Rituals book.

Icon	Ritual	Page
Pumpkin	Peter, Peter, Pumpkin Eater	62
Shoe	Wonderful Woman Who Lived in a Shoe	59
Mouse	Three Nice Mice	89
Heart	Held in My Arms	194
Pie	Georgie Porgie	69
Spider	Little Miss Muffet	65
Rabbit	Here's the Bunny	103
Star	Twinkle, Twinkle, Little Star	63
Hand	Dancing Hands	93
Band-aid	Putting Lotion on the Hurts	160

With resistant children, it is helpful to use your I Love You Ritual Glove at the

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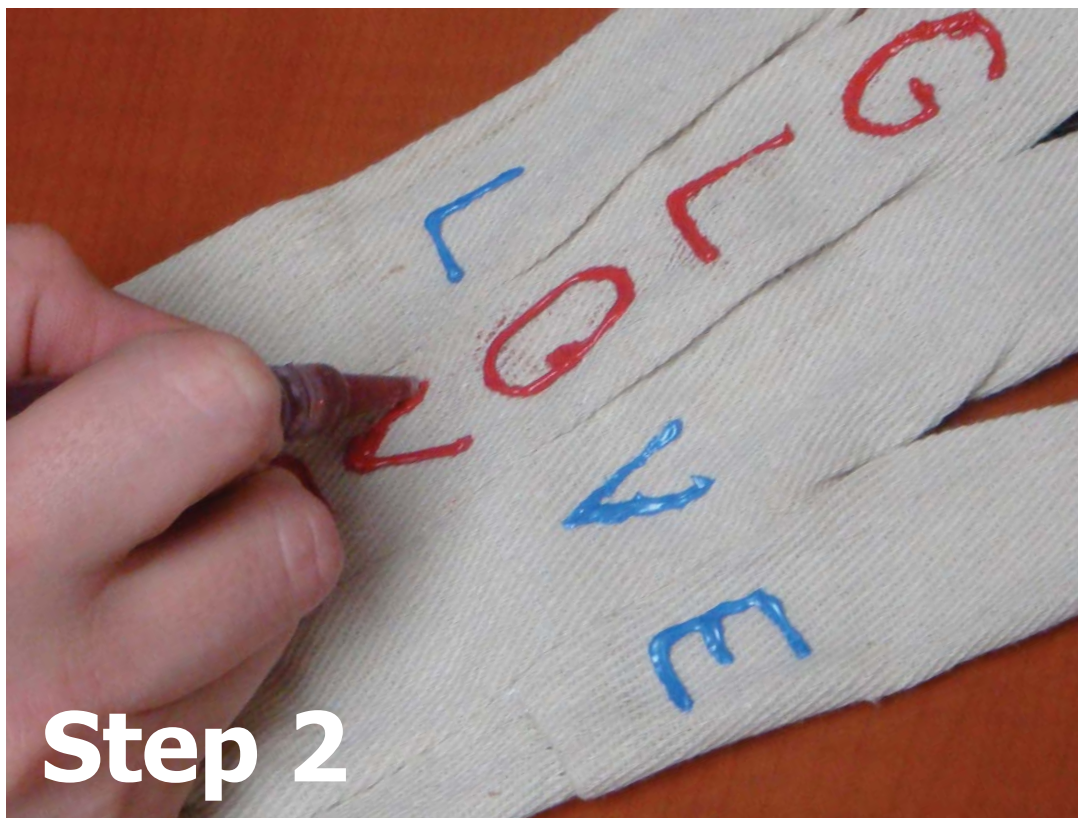
same each day. After lunch or first thing in the morning would be ideal times. Building a predictable routine like this will help strengthen the child's sense of safety, and the ritual itself will help to increase the connection, leading to increased cooperation.

### Directions:

1. Place both gloves on the table with the palm side facing down on the table.
2. Using colored puff paint, write the word "Glove" vertically down the ring finger and back of each glove.
3. Next, write the word "Love" horizontally across the knuckles on the back of each glove, sharing the "o" in "Glove." Let the puff paint dry.
4. Turn the gloves over so the palm side is facing up. Use the hot glue gun to glue an individual icon to each fingertip on both gloves.
5. You did it! You made an I Love You Rituals Glove!

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